



Vocabulary linked to Personal Development (PD) that Eynesbury Pupils need to know



RECEPTION	The Invisible String. Marvellous Me.	The people in my life.	My feelings – The Colour Monster.	Healthy Me.	People who help us. Keeping Safe.	Moving On Going to School	Friendships and Relationships	Anti Bullying
	me, you, apart, gone, hobbies, ideas, safe, love, are, enjoy, rules, happy	mummy, daddy, granny, grandpa, cousin, family, friends, home, children, school	angry, sad, happy, calm, love, care, kind, trust, calm,	diet, clean, safe, warm, cool, respect, sun screen, balanced diet, active, inactive, healthy choices, medicine	nurse, teacher, doctor, paramedic, dentist, police, uniform Eynesbury SAFE private body parts, unwanted touch, say 'no', risk, road safety, lost, water safety	calm, change, different, special, feelings, sad, safety, angry, behaviour, growing up, baby, toddler, child,	share, take turns, work it out, choices, positive, negative, rules, safe, unsafe, technology, listen, share,	say 'no', safety, safe adult, Eynesbury SAFE
YEAR 1	Beginning and belonging	Personal safety	Working Together	Diversity and Community	Healthy Lifestyles	Digital lifestyles/ e-safety	RSE	
	rules, trust, responsibility, welcome, happy, happiness, safe, safety circle, good choices, support, positive relationship, rule of law, democracy	feelings, safe, early warning signs, trust, worry, safety circle, private body parts, unwanted touch, online, say 'no', mutual respect, tolerance	skills, take turns, negotiate, disagreements, evaluation, develop, share ideas, compromise, working together, mutual respect, tolerance	special, individual, unique, stereotype, community, diversity, locality, similarities, differences, belonging, mutual respect, tolerance	healthy eating, balanced diet, healthy choices, physical activity, healthy lifestyle, active, inactive, moderation, dairy, carbohydrates, protein, self-care, responsibility and liberty	online, trust, information, rules, safe, unsafe, healthier, identity, technology, positive relationships, mutual respect, tolerance	external body parts, internal body parts, personal hygiene, bodily autonomy, say 'no', safety circle, private body parts, unwanted touch, secret, disease, scientific names, responsibility and liberty	

YEAR 2	Rights, rules and responsibilities	Anti-bullying	Managing safety and risk	Drug education	Managing change	Family and friends	RSE
	discussions, turn taking, decision making, views, rules, happy, happiness, safe, listen, share our views, responsibilities, rule of law, democracy	verbal bullying, physical bullying, indirect bullying, online bullying, cyber bullying, emotional bullying, personal bullying, racist bullying, prejudice, discrimination, bystander, false friends, remorse, protected characteristics, child on child abuse	risk, emergency, address, safe, sun safety, water safety, road safety, lost, help, accident, prevent, responsibility and liberty	substances, pharmacy, prescription, medicine, injection, doctor, nurse, unwell, safe, persuasion, illness, rule of law	achievements, skill, responsibilities, friends, change, loss, choice, calmer, strong emotions, special possession, feelings, responsibility and liberty	special, special people, friends, friendship, agreement, disagreement, family, falling out, making up, personal space, truth, feelings, responsibility and liberty	baby, toddler, child, teenager, adult, family, caring relationship, stable relationship, growing up, responsibilities, change, tolerance
YEAR 3	Beginning and belonging	Personal safety	Working Together	Diversity and Community	Healthy Lifestyles	My Emotions	RSE
	rules, trust, responsibility, welcome, happy, happiness, safe, network of safe adults, good choices, positive relationships, support, rule of law, democracy	feelings, safe, early warning signs, trust, safety circle, private body parts, unwanted touch, safe secrets, unsafe secrets, online, physical contact, mutual respect, tolerance	open questions, constructive feedback, negotiate, disagreements, evaluation, persevere, share ideas, share opinions, compromise, work together, effective/effectively, mutual respect, tolerance	culture, traditions, media, stereotype, community, diversity, locality, similarities, things in common, differences, responsibilities, mutual respect, tolerance	nutrition, healthy eating, healthy choices, physical activity, healthy lifestyle, active, inactive, mental well-being, diary, carbohydrates, protein, self-care, responsibility and liberty	accept, proud, situations, emotions, mental well-being, physical well-being, network of safe adults, disagree, disagreeable, behaviour, communicate, strategies, responsibility and liberty	external body parts, internal body parts, personal hygiene, bodily autonomy, say 'no', puberty, safety circle, private body parts, unwanted touch, toiletries, scientific names, responsibility and liberty

YEAR 4	Rights, rules and responsibilities	Anti-bullying	Managing safety and risk	Drug education	Financial capability	Family and friends	RSE
	discussions, respect, decision making, elect, rules, representative, position of authority, listen, share our views, responsibilities, rule of law, democracy	verbal bullying, physical bullying, indirect bullying, online bullying, cyber bullying, emotional bullying, personal bullying, racist bullying, prejudice, discrimination, bystander, false friends, remorse, protected characteristics, child on child abuse	risk, emergency, stranger danger, fire safety, sun safety, water safety, road safety, flight or fight, risk reduction, accident, prevent, responsibility and liberty	substances, pharmacy, prescription, medicine, injection, immunisation, syringe, risk, illegal drugs, legal drugs, persuasion, rule of law	money, earn, charity, spend, save, debit card, budgeting, loan, bank account, money box, value for money, responsibility and liberty	compromise, compromising, special people, resolve, friendship, argument, disagreement, family, falling out, making up, personal boundaries, truth, feelings, responsibility and liberty	baby, toddler, child, teenager, adult, family, caring relationship, stable relationship, growing up, responsibilities, human life cycle, tolerance
YEAR 5	Personal safety	Working Together	Diversity and Community	Healthy Lifestyles	My Emotions	Digital lifestyles/ e-safety	RSE
	feelings, early waning signs, neglect, abuse, safety circle, private body parts, unwanted touch, safe secrets, unsafe secrets, online, physical contact, mutual respect, tolerance	future employment, constructive feedback, negotiate, disagreements, evaluation, contribute, persevere, sensitive feedback, compromise, working together, mutual respect, tolerance	culture, traditions, media, stereotype, community, diversity, perceptions, lifestyle, identity, responsibility, mutual respect, tolerance.	nutrition, balanced diet, healthy choices, physical activity, healthy lifestyle, active, inactive, mental well-being, online apps, age restricted, physical illness, self-care, responsibility and liberty,	identity, self-respect, appropriate, proportionate, emotions, mental well-being, physical well-being, network of safe adults, self-care techniques, reflect, communicate, strategies, responsibility and liberty	anonymous, communicating, sources of information, online content, inappropriate content, positive contributions, critically consider, identity, technology, social media, mutual respect, tolerance	external body parts, internal body parts, personal hygiene, bodily autonomy, menstruation, puberty, safety circle, private body parts, unwanted touch, pubic hair, scientific names, responsibility and liberty

	Rights, rules and responsibilities	Anti-bullying	Managing safety and risk	Drug education	Financial capability	Managing change	RSE
YEAR 6	parliament, MPs (members of parliament), respect, elect, rules, representative, positions of authority, debate, councils, responsibilities, rule of law, democracy	verbal bullying, physical bullying, indirect bullying, online bullying, cyber bullying, emotional bullying, personal bullying, racist bullying, prejudice, discrimination, bystander, false friends, remorse, protected characteristics, child on child abuse	risk, emergency, well-being, basic first aid, physical risks, social risks, emotional risks, flight or fight, mental health, accident, prevent, responsibility and liberty	solvents, alcohol, smoking, medicine, injection, immunisation, drug misuse, risk, illegal drugs, legal drugs, persuasion, rule of law	money, earn, spend, charity, save, benefits, budgeting, loan, tax, poverty, value for money, responsibility and liberty	positive change, negative change, influences, friends, change, loss, pressures, thrive, positive outcomes, strategies, separated, responsibility and liberty	hormones, responsibility, sexual reproduction, bodily autonomy, family make up, puberty, safety circle, married, civil partnership, conceived, IVF (in vitro fertilisation), caesarean section, tolerance

* All based on the vocabulary used in the Cambridgeshire PSHE scheme of work