

## VOCABULARY DOZEN!

**Compromise/ compromising**

To compromise means both people 'give a little'. You come up with a solution together where both people do something differently to avoid an argument.

**special people**

Special people are those people that are important to us.

**Resolve**

To find a solution.

**friendship**

Friendship is the relationship between friends.

**Argument/ disagreement**

An argument/ disagreement is when you disagree with someone or fall out with someone because you have a different opinion or view.

**Family**

A family is a group of people who are related to each other by birth, marriage or adoption. There are lots of different family structures.

**falling out**

Falling out is when you and a friend have a disagreement. You might feel like that you don't want to be friends with that person as they have upset you or hurt you/ your feelings.

**making up**

Making up is when you have had a falling out but you say sorry and become friends again.

**personal boundaries**

Personal boundaries are guidelines, rules or limits that a person creates to identify reasonable, safe and permissible ways for other people to behave towards them and how they will respond when someone passes those limits.

**truth**

To think carefully about something.

**feelings**

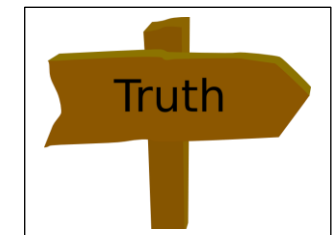
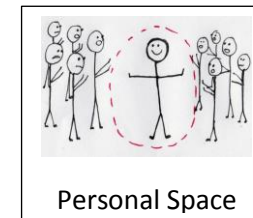
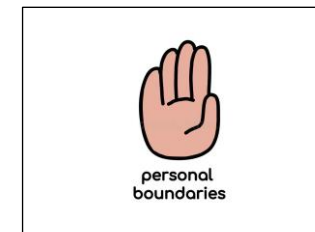
Feelings are an emotional state. We have different feelings when different things happen to us. E.g. happiness/ sadness/ anger

**Responsibility and Liberty**

This means freedom of speech for everyone, having the right to make our own choices and taking responsibility for our actions.

## KEY AREAS OF LEARNING

- We will think about how good friends behave on and offline and how we feel as a result.
- We will learn about healthy friendship and the role that trust plays within a friendship.
- We will reflect on the skills we need for choosing, making and developing friendships and how effective they are.
- We will discuss how we can help to resolve disagreements positively by listening and compromising.
- We will talk about how we can empathise with other people in a disagreement.
- We will learn how we can check with our friends that their personal boundaries have not been crossed.
- We will think about how family members could help each other to feel safe and secure even when things are tough.
- We will reflect on our networks of special people and how we affect and support each other.



This topic links to the British Values of: Responsibility and Liberty