

VOCABULARY DOZEN!

external body parts

These are the parts of our body that are on the outside of our body.

internal body parts

These are the parts of our body that are on the inside of our body.

personal hygiene

Personal hygiene is how we care for our body. It includes bathing, washing our hands and cleaning our teeth etc.

bodily autonomy

This means that we have the right to control what does and doesn't happen to our bodies.

menstruation

Menstruation (also known as a period and many other colloquial terms) is the regular discharge of blood and mucosal tissue from the inner lining of the uterus through the vagina.

puberty

Puberty is the process of physical change when a child's body changes into an adult body ready for sexual reproduction.

safety circle

These are the safe adults that you can talk to if you have a worry.

private body parts

Our private body parts are the part of our bodies covered by our underwear (pants and vests).

unwanted touch

This meant that someone touches you when they don't have permission.

pubic hair

Pubic hair is the body hair that is found in the genital area of adolescent and adult humans

scientific names

Scientific names are the proper names or 'doctor' names that we use so that we all have a shared understanding.

Responsibility and Liberty

This means freedom of speech for everyone, having the right to make our own choices and taking responsibility for our actions.

KEY AREAS OF LEARNING

- We will learn about the names for the male and female sexual parts and their functions.

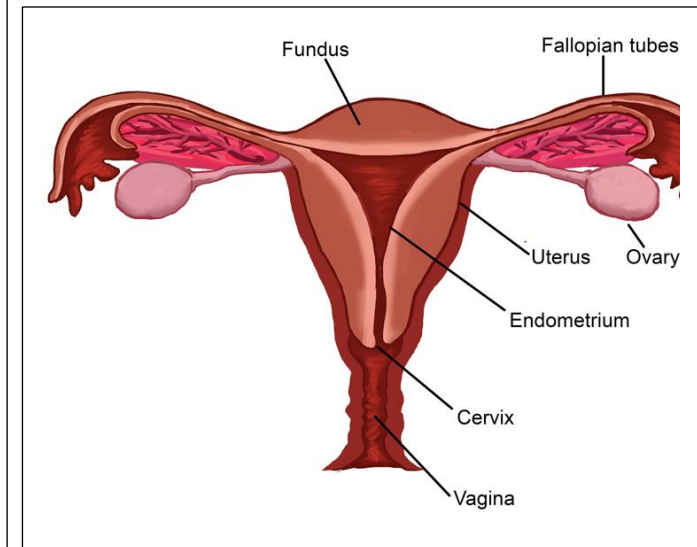
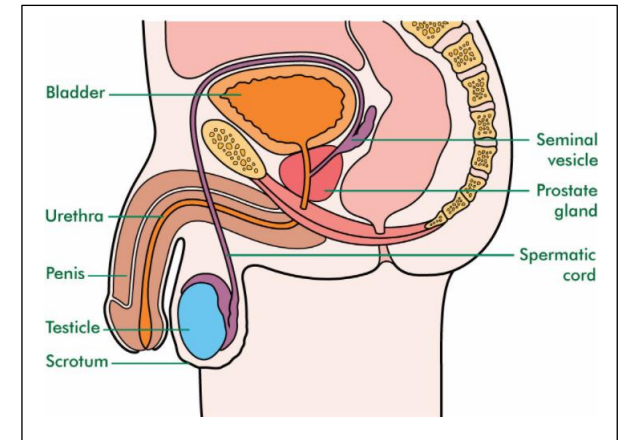
- We will discuss how we can talk about our bodies confidently and appropriately.

- We will learn what happens to different bodies at puberty.

- We will reflect on what might influence our view of our bodies

- We will discuss how we can keep our growing and changing body clean.

- We will learn about reducing the spread of viruses and bacteria?



- This topic links to the British Values of: Responsibility and Liberty