

VOCABULARY DOZEN!

**external body parts**

These are the parts of our body that are on the outside of our body.

**internal body parts**

These are the parts of our body that are on the inside of our body.

**personal hygiene**

Personal hygiene is how we care for our body. It includes bathing, washing our hands, brushing our hair etc.

**bodily autonomy**

This means that we have the right to control what does and doesn't happen to our bodies.

**say 'no'**

Everyone has the right to say 'no' even to a family member. You are in control of your body.

**puberty**

puberty is the process of physical change when a child's body changes into an adult body

**safety circle**

These are the safe adults that you can talk to if you have a worry.

**private body parts**

Our private body parts are the part of our bodies covered by our underwear (pants and vests).

**unwanted touch**

This meant that someone touches you when they don't have permission.

**toiletries**

Items used for keeping your body clean e.g. soap, toothpaste, shampoo etc.

**scientific names**

Scientific names are the proper names or 'doctor' names that we use so that we all have a shared understanding.

**Responsibility and Liberty**

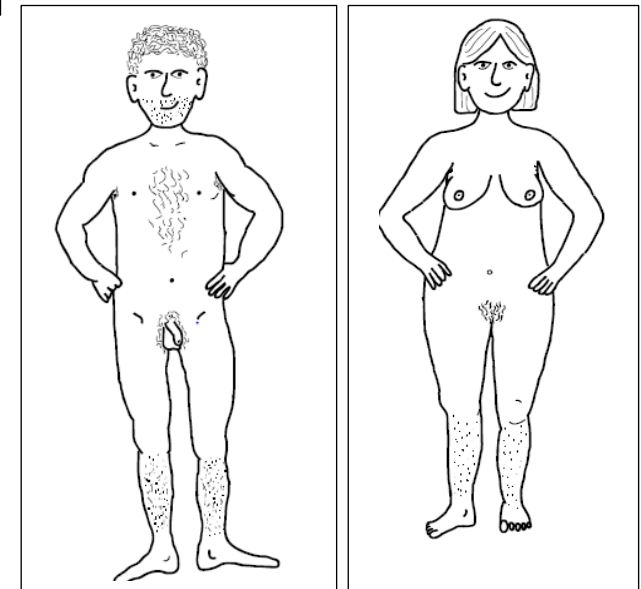
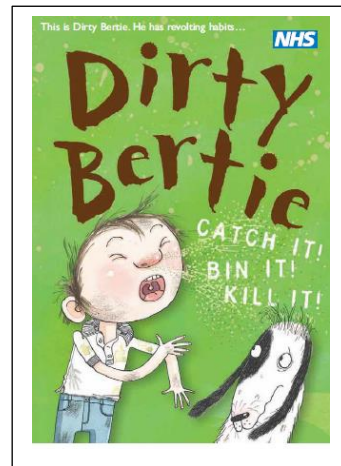
This means freedom of speech for everyone, having the right to make our own choices and taking responsibility for our actions.

KEY AREAS OF LEARNING

- We will learn how our bodies change and who we can talk to about these changes.
- We will think about what our bodies can do and how they are special.
- We will reflect on why it is important to keep ourselves clean.
- We will discuss what we can do for ourselves to stay clean and how will this change in the future?

We will learn about how different illnesses and diseases spread and what we can do to prevent this.

We will learn how adult male and female bodies are different and what the different body parts are called.



- This topic links to the British Values of: Responsibility and Liberty