

VOCABULARY DOZEN!

achievements
Achievements are things that we have been successful at typically through effort or skill.
skill
Skill is the ability to do an activity or job well (especially if you have practised it).
responsibilities
A responsibility is something you are expected to do.
friends
Friends are people that you like and enjoy being with. They are kind to you, help you and make you feel good about yourself.
change
Change means something becomes different.
loss
Loss means that you no longer have something or have less of something. Loss is the process of losing something or someone.
Choice
Choice is the act of picking between two or more options.
calmer
To become calmer means to no longer be angry, excited or cross etc.
strong emotions
Emotions are feelings. Strong emotions are big feelings.
special possession
Special possessions are those belongings that are important to us.
feelings
Feelings are an emotional state. We have different feelings when different things happen to us. E.g. happiness/ sadness/ anger
Responsibility and Liberty
This means freedom of speech for everyone, having the right to make our own choices and taking responsibility for our actions.

KEY AREAS OF LEARNING

- We will think about how our achievements, skills and responsibilities change and we will reflect on what else might change.
- We will discuss how people might feel during times of loss and change.
- We will reflect on how our friendships might change.
- We will think about what helps us to feel calmer when we are experiencing strong emotions linked to loss and change.

- We will discuss how people might feel when they lose a special possession.



- We will reflect on when we can make choices about changes.

Moving house can be a big change.



A new brother or sister can be a big change .



Moving schools can be a big change.



This topic links to the British Values of: Responsibility and Liberty