

# KEY AREAS OF LEARNING

## VOCABULARY DOZEN!

### Positive change

Positive change is change for the better. Something has become different in a good way.

### Negative change

Negative change is change that makes something worse/ harder.

### influences

A person or thing that has the power to affect another. We can be influenced by our family, our friends, the media etc.

### friends

Friends are people that you like and enjoy being with. They are kind to you, help you and make you feel good about yourself.

### change

Change means something becomes different.

### loss

Loss means that you no longer have something or have less of something. Loss is the process of losing something or someone.

### pressures

Pressures are things that can 'push on us' to make things harder e.g. we may experience pressure from our friends or family. We can feel pressured by other influences to do certain things.

### thrive

To thrive means to be successful, to be fulfilled or to develop successfully.

### Positive outcomes

Positive outcome means a good result.

### strategies

Strategies are different plans of action with the aim of achieving a goal or aim.

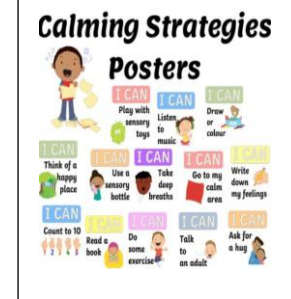
### separated

To be separated means that you are no longer together.

### Responsibility and Liberty

This means freedom of speech for everyone, having the right to make our own choices and taking responsibility for our actions.

- We will reflect on positive and negative changes people might experience.
- We will discuss how people's emotions might evolve over time as they experience loss and change.
- We will learn how we can manage the changing influences and pressures on my friendships and relationships.
- We will think about different strategies people could use to help manage feelings linked to loss and change and how we can help.
- We will reflect on how people whose families change might feel.
- We will think about how change might lead to positive outcomes for people.
- We will discuss the positive and negative changes we have experienced and how these experiences have affected us.
- We will reflect on the strategies that will help us to thrive when we move to our next school.



This topic links to the British Values of: Responsibility and Liberty