

## VOCABULARY DOZEN!

**Compromise/ compromising**

To compromise means both people 'give a little'. You come up with a solution together where both people do something differently to avoid an argument.

**Network of people**

Our personal network is made up of people that we interact with either in person or online.

**Resolve**

To find a solution.

**friendship**

Friendship is the relationship between friends.

**trust**

Trust is a feeling in a relationship of knowing that our well-being is being looked after. If we can trust someone it means we can rely on them.

**Family**

A family is a group of people who are related to each other by birth, marriage or adoption. There are lots of different family structures.

**empathy**

Empathy means understanding something from someone else's point of view including what they might be feeling and what they might be thinking.

**Consent**

Consent means giving permission for something to happen.

**personal boundaries**

Personal boundaries are guidelines, rules or limits that a person creates to identify reasonable, safe and permissible ways for other people to behave towards them and how they will respond when someone passes those limits.

**Characteristics of healthy friendship**

Healthy relationships involve trust, respect, balance, compromise, empathy etc. Everyone involved benefits from a healthy friendship.

**loyalty**

Loyalty is the quality of being loyal. Being loyal means being supportive and protective of each other.

**Responsibility and Liberty**

This means freedom of speech for everyone, having the right to make our own choices and taking responsibility for our actions.

## KEY AREAS OF LEARNING

- We will reflect on the the characteristics of healthy friendships on and offline and how they benefit us.
- We will think about how trust and loyalty feature in our relationships on and offline.
- We will discuss the benefits and risks of making new friends, including those we only know online.
- We will reflect on how we can balance the needs of family & friends & how do we manage this.
- We will learn how we can communicate, empathise & compromise when resolving friendship issues.
- We will find out how we can check that our friends give consent on and offline.
- We will reflect on the way that people in our families continue to support each other as things change.
- We will discuss who are in our networks, on & offline. We will think about how these have changed and how we support each other.

Network of people



**CONSENT  
MATTERS**



This topic links to the British Values of: Responsibility and Liberty